

Holiday Driving Safety Tips



During the holiday season, roads are packed with people traveling to visit family, shop, and celebrate. Unfortunately, it is also a popular time for people to socialize with alcohol, increasing the number of irresponsible drivers. In 2001, there were 4,943 traffic fatalities in the U.S. between Thanksgiving and New Year - 41.5% of these were alcohol related! Help keep our roads safe and ensure your own security this holiday season by keeping in mind these safety tips when driving and when hosting a holiday party.

On the Road:

- Wear a safety belt at all times
- Always place children in age appropriate restraints



Place all children less than 12 years old in the back seat at all times



- Never drink and drive!
- Always use a designated driver
- Even if you are not drinking, always be alert to those on the road that have been

Hosting a Responsible Party:



- Have non-alcoholic beverages available for guests
- Serve light foods such as meats and cheeses to help retard alcohol absorption
- Arrange for an official designated driver for your party
- Find alternate transportation for intoxicated guests or persuade them to spend the night
- Be responsible for your guests, even if it means taking their car keys



Information obtained from: Los Angeles Police Department, National Safety Council, and Centers for Disease Control



